Macaroni and Cheese

12 servings

INGREDIENTS

For the topping: 2 Tbsp unsalted butter

2 Tbsp extra-virgin olive oil

2 cups panko

2 large garlic cloves, minced

1/2 cup finely grated Parmesan

1/2 tsp kosher salt

For the macaroni and sauce:

1 pound dried elbow macaroni

1/2 cup (1 stick) unsalted butter

6 Tbsp all-purpose flour

4 cups whole milk

3/4 cup heavy cream

6 cups extra-sharp cheddar

1/2 cup finely grated Parmesan

2 teaspoons kosher salt

1/2 tsp ground white pepper

1/2 tablespoons mustard powder



DIRECTIONS

- 1 Preheat oven to 400°F with rack in the middle of oven. Butter the baking dish. Set a large, covered pot of salted water over high heat to boil.
- 2. Meanwhile, in a large skillet over medium heat, heat butter and oil until butter foam subsides. Add panko and garlic; cook, stirring, until crumbs are golden brown, 4 to 6 minutes. Transfer crumbs to a medium bowl, stir in 1/2 cup Parmesan and salt, and set aside.
- 3. Add macaroni to boiling salted water and cook until just al dente (avoid overcooking). Drain macaroni and set aside. In a large wide pot over medium-low heat, melt the butter. Sprinkle flour over butter, whisking to incorporate and make a roux. Cook, stirring constantly with a wooden spoon, until roux is light golden, about 4 minutes. Gradually pour in milk and cream, whisking constantly to incorporate and make a béchamel

sauce. Raise heat to medium-high and bring sauce to a low boil, whisking constantly. Reduce to a simmer, whisking occasionally, and cook until béchamel sauce is thick and coats the back of a spoon, about 3 minutes more.

 Add the salt, pepper, and mustard powder. Add the cheeses in three batches, whisking until each addition is completely melted before adding more. Remove from heat.

- Add the drained macaron to the pot with the cheese sauce and stir well to coat. Transfer macaroni mixture to the buttered baking dish and place on a rimmed baking sneet. Sprinkle topping evenly over macaroni and bake until golden and bubbling, 18 to 23 minutes. Let cool 15 minutes before serving.
- Melt the butter in a heavy saucepan. Add the sugar and water and cook over medium heat for 5 minutes, stirring occasionally.
- In a separate bowl, beat the egg. Remove the butter mixture from the heat and gradually add to beaten egg, whisking constantly. Add the bourbon and serve.

