

Thousand Island Dip

4-5 servings

INGREDIENTS

- 1 clove garlic, minced
- 1 cup plain Greek yogurt
- 1 Tbsp extra virgin olive oil
- 2 Tbsps sugar free ketchup
- 2 Tbsps chopped dill pickle
- 1 tsp apple cider vinegar
- ½ tsp salt
- ½ tsp onion powder
- ¼ tsp pepper
- ½ tsp Tabasco sauce

DIRECTIONS

1. Combine all

